



LOVE GOD
LOVE PEOPLE

Obedying the Greatest Commandments

— MATTHEW 22:37-39 —

Matthew 22:37-40 (NKJV)

37 Jesus said to him, “**You shall love the Lord your God with all your heart, with all your soul, and with all your mind.**’ 38 This is the first and great commandment. 39 And the second is like it: **‘You shall love your neighbor as yourself.**’ 40 On these two commandments hang all the Law and the Prophets.”

(Deut 6:5)



(Lev 19:18)



THIS YEAR, REMEMBER THAT
YOUR MOST IMPORTANT
VALENTINE SHOULD BE
YOU



Leviticus 19:18; 33-34 (NKJV)

18 You shall not take vengeance, nor bear any grudge against the children of your people, but **you shall love your neighbor as yourself**: I am the Lord.

33 'And if a stranger dwells with you in your land, you shall not mistreat him. 34 The stranger who dwells among you shall be to you as one born among you, and **you shall love him as yourself**; for you were strangers in the land of Egypt: I am the Lord your God.

Matthew 7:12 (NIV)

So (**Therefore** NJKV) in everything, **do to others what you would have them do to you**, for this sums up the Law and the Prophets.

Love is the visible expression, the goal and fulfillment of the Law and the Prophets

GOLDEN



RULE

Romans 13:8-10 (NKJV)

8 Owe no one anything except to love one another, for **he who loves another has fulfilled the law.** 9 For the commandments, “You shall not commit adultery,” “You shall not murder,” “You shall not steal,” “You shall not bear false witness,” “You shall not covet,” and if there is any other commandment, are all summed up in this saying, namely, “**You shall love your neighbor as yourself.**” 10 Love does no harm to a neighbor; therefore **love is the fulfillment of the law.**

Galatians 5:13-16 (NJKV)

13 For you, brethren, have been called to liberty; only do not use liberty as serve one another an opportunity for the flesh, but through love. 14 For all the law is fulfilled in one word, even in this: “**You shall love your neighbor as yourself.**” 15 But if you bite and devour one another, beware lest you be consumed by one another! 16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

Eph 5:28-29, 33 (NJKV)

28 So husbands ought to **love their own wives as their own bodies**; he who **loves his wife loves himself**. 29 For no one ever hated his own flesh, but nourishes and cherishes it, just as the Lord does the church.

33 Nevertheless let each one of you in particular so **love his own wife as himself**, and let the wife see that she respects her husband.



Your Neighbour **AS YOURSELF**

**WE CAN'T REALLY LOVE
OUR NEIGHBOUR UNLESS
WE LOVE OURSELVES**

DO YOU LOVE YOURSELF?



SELFISHNESS

SELF LOVE

**SELF
DEPRECIATION**

**Human trait –
Self-preservation;
Self-fulfillment**



HOW DO I LOVE
MY NEIGHBOUR
IF I **OVER LOVE**
MYSELF?



**SELF
DEPRECIATION**

**HOW DO I LOVE
MY NEIGHBOUR
IF I UNDER
LOVE MYSELF?**



REASONS
TO **LOVE**
YOURSELF

1. We are made in the image of God
(Gen 1:26)

2. Loving yourself is the basis of loving
others (Mt 22:39)

3. God loves us (1 Jn 4:10)

REASONS TO



LOVE YOURSELF



**HOW DO I LOVE
MYSELF TO
LOVE MY
NEIGHBOUR?**

1. Live Healthy Lifestyle

2. Treat Yourself With Love

3. Make God-Love the Focus of our
Self-Love in order to give Neighbour-
Love

HOW DO I LOVE MYSELF  TO LOVE MY NEIGHBOUR?



Your Neighbour **AS YOURSELF**

The first commandment
is the basis of the
second commandment.
The second commandment
is a visible expression
of the first commandment